

# August 2010

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>16 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>17 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>18 Cheese Toast Cereal / Juice</p> <p>Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll</p>	<p>19 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>20 Scrambled Eggs/ Grits Toast / Juice</p> <p>Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin Cookie</p>
<p>23 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>24 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>25 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Baked Chicken Rice Dressing Seasoned Green Beans Fresh Fruit Wheat Roll</p>	<p>26 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>27 Brk. Sausage /Toast / Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll</p>
<p>30 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie</p> <p>*Chili Cheese Potato (High School Only)</p>	<p>31 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>			

Menus are subjected to change without notice. All meals served with low fat milk choice.

**Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.** "In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."

# September 2010

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sausage Biscuit Juice  Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches	2 Donuts Fresh Fruit *Optional: 2 oz. Cereal  Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll	3 French Toast w/ syrup Juice  Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half
6  <b>Labor Day Holiday</b>	7 Cinnamon Rolls Juice  Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers	8 Cheese Toast Cereal / Juice  Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	9 Breakfast Pizza Banana  Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches	10 Scrambled Eggs/ Grits Toast / Juice  Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin
13 Pancake/Syrup/Patties Juice  Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob	14 2 oz Cereal Juice  Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	15 Breakfast Stix w/Syrup Fresh Fruit  Baked Chicken Rice Dressing Seasoned Green Beans Fresh Fruit Wheat Roll <i>Early Dismissal (All)</i>	16 Biscuit / Jelly Bananas  Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half	17 Brk. Sausage /Toast / Juice  Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll
20 2 oz Cereal Fresh Fruit  *Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)	21 Scrambled Eggs / Grits Juice  White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread	22 Sausage Biscuit Juice  Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches	23 Donuts Fresh Fruit *Optional: 2 oz. Cereal  Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll	24 French Toast w/ syrup Juice  Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half
27 2 oz. Muffin Fresh Fruit  Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	28 Cinnamon Rolls Juice  Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers	29 Cheese Toast Cereal / Juice  Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	30 Breakfast Pizza Banana  Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches	

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# October 2010

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Scrambled Eggs/ Grits Toast / Juice  Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin
4 Pancake/Syrup/Patties Juice  Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob	5 2 oz Cereal Juice  Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	6 Breakfast Stix w/Syrup Fresh Fruit  Baked Chicken Rice Dressing Seasoned Green Beans Fresh Fruit Wheat Roll	7 Biscuit / Jelly Bananas  Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half	8 Brk. Sausage /Toast / Juice  Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll
11 2 oz Cereal Fresh Fruit  *Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)	12 Scrambled Eggs / Grits Juice  White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread	13 Sausage Biscuit Juice  Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches	14 Donuts Fresh Fruit *Optional: 2 oz. Cereal  Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll	15 French Toast w/ syrup Juice  Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half
18 2 oz. Muffin Fresh Fruit  Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	19 Cinnamon Rolls Juice  Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers	20  <b>Teacher In Service</b>	21 Breakfast Pizza Banana <i>Early Dismissal (Elem &amp; Middle)</i> Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches	22 Scrambled Eggs/ Grits Toast / Juice  Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin
25 Pancake/Syrup/Patties Juice  Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob	26 2 oz Cereal Juice  Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	27 Breakfast Stix w/Syrup Fresh Fruit  Chicken/Sausage Gumbo Rice Potato Salad Fresh Fruit Crackers	28 Biscuit / Jelly Bananas  Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half	29 Brk. Sausage /Toast / Juice  Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll

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# November 2010

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie</p> <p>*Chili Cheese Potato(High School Only)</p>	<p>2 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>	<p>3 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>4 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>5 French Toast w/ syrup Juice</p> <p>Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>
<p>8 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>9 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>10 Cheese Toast Cereal / Juice</p> <p>Beef/Vegetable Soup Grilled Cheese Sandwich Dark Green Salad Fresh Fruit</p>	<p>11 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>12 Scrambled Eggs/ Grits Toast / Juice</p> <p>Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin Cookie</p>
<p>15 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread</p> <p>*Option: Corn on the Cob</p>	<p>16 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>17 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Baked Turkey Rice Dressing Seasoned Green Beans Sweet Potato Crunch Fruit Salad Wheat Roll</p>	<p>18 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>19 Brk. Sausage /Toast / Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll</p>
<b>Thanksgiving Holidays</b>				
<p>29 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie</p> <p>*Chili Cheese Potato(High School Only)</p>	<p>30 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>			

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# December 2010

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>2 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Gumbo Rice Potato Salad Mixed Fruit Salad Crackers</p>	<p>3 French Toast w/ syrup Juice</p> <p>Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>
<p>6 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>7 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>8 Cheese Toast Cereal / Juice</p> <p>Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll</p>	<p>9 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>10 Scrambled Eggs/ Grits Toast / Juice</p> <p>Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin</p>
<p>13 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>14 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>15 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Baked Turkey Rice Dressing Seasoned Green Beans Sweet Potato Crunch Fruit Salad Wheat Roll</p>	<p>16 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half <i>Early Dismissal (High School)</i></p>	<p>17 Brk. Sausage /Toast / Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll <i>Early Dismissal (All)</i></p>
<h2>Christmas Holidays/Winter Break</h2>				

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# January 2011

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie</p> <p>*Chili Cheese Potato(High School Only)</p>	<p>4 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>	<p>5 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>6 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>7 French Toast w/ syrup Juice</p> <p>Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>
<p>10 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>11 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>12 Cheese Toast Cereal / Juice</p> <p>Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll</p>	<p>13 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>14 Scrambled Eggs/ Grits Toast / Juice</p> <p>Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin Cookie</p>
<p>17</p> <p><b>Martin Luther King Jr Holiday</b></p>	<p>18 2 oz Cereal Juice</p> <p>Beef/Vegetable Soup Grilled Cheese Sandwich Dark Green Salad Fresh Fruit</p>	<p>19 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares <i>Early Dismissal (All)</i></p>	<p>20 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>21 Brk. Sausage /Toast / Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll</p>
<p>24 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie</p> <p>*Chili Cheese Potato(High School Only)</p>	<p>25 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>	<p>26 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>27 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>28 French Toast w/ syrup Juice</p> <p>Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>
<p>31 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>				

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# February 2011

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cinnamon Rolls Juice  Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers	2 Cheese Toast Cereal / Juice  Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	3 Breakfast Pizza Banana  Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches	4 Scrambled Eggs/ Grits Toast / Juice  Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin Cookie
7 Pancake/Syrup/Patties Juice  Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob	8 2 oz Cereal Juice  Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	9 Breakfast Stix w/Syrup Fresh Fruit  Chicken/Sausage Gumbo Rice Potato Salad Fresh Fruit Crackers	10 Biscuit / Jelly Bananas  Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half	11 Brk. Sausage /Toast / Juice  Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll
14 2 oz Cereal Fresh Fruit  *Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)	15 Scrambled Eggs / Grits Juice  White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread	16 Sausage Biscuit Juice  Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches	17 Donuts Fresh Fruit *Optional: 2 oz. Cereal  Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll	18 French Toast w/ syrup Juice  Grilled Chicken Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half
21 2 oz. Muffin Fresh Fruit  Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	22 Cinnamon Rolls Juice  Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers	23 Cheese Toast Cereal / Juice  Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	24 Breakfast Pizza Banana  Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches	25 Scrambled Eggs/ Grits Toast / Juice <i>Early Dismissal (Elem &amp; Middle)</i> Meatloaf or Salisbury Steak Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll / Oatmeal Raisin
28 Pancake/Syrup/Patties Juice  Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob				

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# March 2011

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>2 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Baked Chicken Rice Dressing Seasoned Green Beans Fresh Fruit Wheat Roll</p>	<p>3 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>4 Brk. Sausage /Toast / Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll</p>
<p><b>Mardi Gras Holidays</b></p>		<p>9 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Tuna Salad On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>10 Sausage Biscuit Juice</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>11 French Toast w/ syrup Juice</p> <p>Vegetable Soup Grilled Cheese Sandwich Dark Green Salad w/ Lo Fat Orange Half Oatmeal Raisin</p>
<p>14 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>15 Cinnamon Rolls Juice</p> <p>Chicken Nuggets Macaroni N Cheese Sweet Peas Pineapple Tidbits Wheat Roll</p>	<p>16 Cheese Toast Cereal / Juice</p> <p>Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll</p>	<p>17 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>18 Scrambled Eggs/ Grits Toast / Juice</p> <p>Fish Strips Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll</p>
<p>21 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>22 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>23 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Baked Chicken Rice Dressing Seasoned Green Beans Fresh Fruit Wheat Roll <i>Early Dismissal (All)</i></p>	<p>24 Brk. Sausage/ Toast/ Juice</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>25 Biscuit / Jelly Bananas</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>
<p>28 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)</p>	<p>29 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>	<p>30 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>31 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	

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# April 2011

# Breakfast and Lunch Menus

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				<p>1 French Toast w/ syrup Juice</p> <p>Vegetable Soup Grilled Cheese Sandwich Dark Green Salad w/ Lo Fat Orange Half Oatmeal Raisin</p>
<p>4 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>5 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>6 Cheese Toast Cereal / Juice</p> <p>Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll</p>	<p>7 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>8 Scrambled Eggs/ Grits Toast / Juice</p> <p>Fish Strips Creamed Potatoes Sweet Peas Fresh Fruit Wheat Roll</p>
<p>11 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>12 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>13 Breakfast Stix w/Syrup Fresh Fruit</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>14 Brk. Sausage /Toast / Juice</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>15 Biscuit / Jelly Bananas</p> <p>Tuna Salad On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>
<p>18 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)</p>	<p>19 Scrambled Eggs / Grits Juice</p> <p>White Beans w/Ham Steamed Rice Seasoned Greens / Fresh Fruit Corn Bread</p>	<p>20 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>21 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Baked Turkey Rice Dressing Seasoned Green Beans Sweet Potato Crunch Fruit Salad Wheat Roll</p>	<p><b>GOOD FRIDAY</b></p>
<h2>Easter/Spring Break</h2>				

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**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly. "In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer."

# May 2011

# Breakfast and Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>3 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>4 Manager's Choice</p>	<p>5 Biscuit / Jelly Bananas</p> <p>Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Orange Half</p>	<p>6 Manager's Choice</p>
<p>9 2 oz Cereal Fresh Fruit</p> <p>*Beef-a-Roni Dark Green Salad / Fruit Wheat Roll / Sugar Cookie *Chili Cheese Potato(High School Only)</p>	<p>10 Manager's Choice</p>	<p>11 Sausage Biscuit Juice</p> <p>Sloppy Joe On Wheat Bun Spicy French Fries Coleslaw / Sliced Peaches</p>	<p>12 Donuts Fresh Fruit *Optional: 2 oz. Cereal</p> <p>Chicken/Sausage Pastalaya or Jambalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll</p>	<p>13 Manager's Choice</p>
<p>16 2 oz. Muffin Fresh Fruit</p> <p>Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread</p>	<p>17 Cinnamon Rolls Juice</p> <p>Whole Grain Pizza Dark Green Salad w/ Lo Fat Dressing Seasoned Corn Graham Crackers</p>	<p>18 Manager's Choice</p>	<p>19 Breakfast Pizza Banana</p> <p>Turkey or Ham (1 ½ oz) w/cheese slice (½ oz) on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches</p>	<p>20 Manager's Choice</p>
<p>23 Pancake/Syrup/Patties Juice</p> <p>Spaghetti/Meat Sauce Seasoned Corn Dark Green Salad Lo fat Pudding Garlic Bread *Option: Corn on the Cob</p>	<p>24 2 oz Cereal Juice</p> <p>Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares</p>	<p>25 <i>Early Dismissal (All)</i></p> <p>Manager's Choice</p>	<p>26 <i>Early Dismissal (All)</i></p> <p>Manager's Choice</p>	

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