

# WEST BATON ROUGE CHILD NUTRITION PROGRAM

## AUGUST 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				12 Sausage Biscuits Bananas
				Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread
15 Cheese Toast Cereal / Juice  Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	16 Scrambled Eggs Grits / Fresh Fruit  Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	17 Sausage Biscuit Juice  Beef-a-Roni Popeye Salad Seasoned Corn Strawberries WG Rolls Sugar Cookies	18 Donuts Banana  Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	19 French Toast Sticks w/syrup Fresh Fruit  Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half
22 Cinnamon Toast Cereal / Juice  Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	23 Grits / Toast Canned Fruit  Meatloaf w/Gravy Creamed Potatoes Green Beans Watermelon WG Rolls	24 Breakfast Pizza Fresh Fruit  WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	25 Muffins Bananas  Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	26 WG Toast Ham Slice / Juice  Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
29 Pancakes w/syrup Brk. Patties / Juice  Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	30 Toast / Cereal Fresh Fruit  Hamburger On WG Buns LTP Cup Potato Rounds Strawberries Chocolate Chip Cookie	31 Breakfast Stix w/syrup Fresh Fruit  BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls		

Meals are subjected to change without notice.

All meals are served with a choice of low fat or fat free milk.

# WEST BATON ROUGE CHILD NUTRITION PROGRAM

## SEPTEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sausage Biscuits Bananas	2 Scrambled Eggs Grits/ Toast/ Juice
			Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
5 <b>Labor Day</b>	6 Scrambled Eggs Grits / Fresh Fruit	7 Sausage Biscuit Juice	8 Donuts Banana	9 French Toast Sticks w/syrup Fresh Fruit
<b>No School</b>	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Strawberries WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Darl Green Salad Apple Half
12 Cinnamon Toast Cereal / Juice	13 Grits / Toast Canned Fruit	14 Breakfast Pizza Fresh Fruit	15 Muffins Bananas	16 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Cantaloupe WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
19 Pancakes w/syrup Brk. Patties / Juice	20 Toast / Cereal Fresh Fruit	21 Breakfast Stix w/syrup Fresh Fruit	22 Sausage Biscuits Bananas	23 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Golden Apple Half Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Red Apple Half WG Rolls
26 Cheese Toast Cereal / Juice	27 Scrambled Eggs Grits / Fresh Fruit	28 Sausage Biscuit Juice	29 Donuts Banana	30 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Strawberries WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half

Meals are subjected to change without notice.  
All meals are served with a choice of low fat or fat free milk.

# WEST BATON ROUGE CHILD NUTRITION PROGRAM

## OCTOBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cinnamon Toast Cereal / Juice	4 Grits / Toast Canned Fruit	5 Breakfast Pizza Fresh Fruit	6 Muffins Bananas	7 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Orange Slices WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
10 Pancakes w/syrup Brk. Patties / Juice	11 Toast / Cereal Fresh Fruit	12 Breakfast Stix w/syrup Fresh Fruit	13 Sausage Biscuits Bananas	14 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Honey Dew Melon Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
17 Cheese Toast Cereal / Juice	18 Scrambled Eggs Grits / Fresh Fruit	19 <b>NO SCHOOL</b>	20 Donuts Banana	21 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	<b>TEACHER IN-SERVICE</b>	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Strawberries WG Rolls Sugar Cookies
24 Cinnamon Toast Cereal / Juice	25 Grits / Toast Canned Fruit	26 Breakfast Pizza Fresh Fruit	27 Muffins Bananas	28 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Grapes WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
31 Pancakes w/syrup Brk. Patties / Juice				
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls				

Meals are subjected to change without notice.

All meals are served with a choice of low fat or fat free milk.

## WEST BATON ROUGE CHILD NUTRITION PROGRAM NOVEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Toast / Cereal Fresh Fruit	2 Breakfast Stix w/syrup Fresh Fruit	3 Sausage Biscuits Bananas	4 Scrambled Eggs Grits/ Toast/ Juice
	Hamburger On WG Buns LTP Cup Potato Rounds Satsuma Chocolate Chip Cookie	Taco Soup Cornbread Dark Green Salad Banana Graham Crackers	Hot Dogs or Pig in a Blanket Baked Beans Creamy Coleslaw Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Golden Apple Half WG Rolls
7 Cheese Toast Cereal / Juice	8 Scrambled Eggs Grits / Fresh Fruit	9 Sausage Biscuit Juice	10 Donuts Banana	11 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns Sweet Potato Fries Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Pears WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls
14 Cinnamon Toast Cereal / Juice	15 Grits / Toast Canned Fruit	16 Breakfast Pizza Fresh Fruit	17 Muffins Bananas	18 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Red Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Sweet Peas Sliced Peaches WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Baked Turkey Rice Dressing WG Rolls Sweet Potato Casserole Fruit Salad Green Beans	Ham or Turkey w/ Cheese Sandwich LTP Cup Banana Baby Carrots w/dip

21

22

23

24

25

### Thanksgiving Holidays

28  
Pancakes w/syrup  
Brk. Patties / Juice

29  
Toast / Cereal  
Fresh Fruit

30  
Breakfast Stix w/syrup  
Fresh Fruit

Spaghetti  
w/ Meat Sauce  
Seasoned Corn  
Popeye Salad  
Canned Fruit  
Lo-fat Pudding  
w/ Vanilla Wafers  
WG Rolls

Hamburger  
On WG Buns  
LTP Cup  
Potato Rounds  
Orange Slices  
Chocolate Chip Cookie

BBQ Baked Chicken  
Mac-n-Cheese  
Green Beans  
Banana  
WG Rolls

Meals are subjected to change without notice.

All meals are served with a choice of low fat or fat free milk.

# WEST BATON ROUGE CHILD NUTRITION PROGRAM

## DECEMBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sausage Biscuits Bananas	2 Scrambled Eggs Grits/ Toast/ Juice
			Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Golden Apple Half WG Rolls
5 Cheese Toast Cereal / Juice	6 Scrambled Eggs Grits / Fresh Fruit	7 Sausage Biscuit Juice	8 Donuts Banana	9 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns Sweet Potato Fries Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Pears WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Taco Soup Cornbread Dark Green Salad Banana Graham Crackers
12 Cinnamon Toast Cereal / Juice	13 Grits / Toast Canned Fruit	14 Breakfast Pizza Fresh Fruit	15 Muffins Bananas	16 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Orange Slices WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Baked Ham Rice Dressing WG Rolls Sweet Potato Casserole Fruit Salad Broccoli w/ Cheese	Ham or Turkey w/ Cheese Sandwich LTP Cup Sliced Peaches Baby Carrots w/dip
19 Pancakes w/syrup Brk. Patties / Juice	20 Toast / Cereal Fresh Fruit	21	22	23
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Tangerines Chocolate Chip Cookie		<b>Winter Break</b>	
26	27	28	29	30

Winter Break

Meals are subjected to change without notice.  
All meals are served with a choice of low fat or fat free milk.

# WEST BATON ROUGE CHILD NUTRITION PROGRAM

## JANUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
		Cheese Toast Cereal / Juice	Scrambled Eggs Grits / Fresh Fruit	Sausage Biscuit Juice
		Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Beef-a-Roni Popeye Salad Seasoned Corn Orange Halves WG Rolls Sugar Cookies	Chicken/Sausage Gumbo Steamed Rice Potato Salad Mixed Fruit Cup Crackers
9	10	11	12	13
Cinnamon Toast Cereal / Juice	Grits / Toast Canned Fruit	Breakfast Pizza Fresh Fruit	Muffins Bananas	WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Pears WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
16	17	18	19	20
<b>Dr. Martin Luther King Jr. Day No School</b>	Toast / Cereal Fresh Fruit	Breakfast Stix w/syrup Fresh Fruit	Sausage Biscuits Bananas	Scrambled Eggs Grits/ Toast/ Juice
	Hamburger On WG Buns LTP Cup Potato Rounds Tangerines Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
23	24	25	26	27
Cheese Toast Cereal / Juice	Scrambled Eggs Grits / Fresh Fruit	Sausage Biscuit Juice	Donuts Banana	French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Orange Halves WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half
30	31			
Cinnamon Toast Cereal / Juice	Grits / Toast Canned Fruit			
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Orange Half WG Rolls			

Meals are subjected to change without notice.  
All meals are served with a choice of low fat or fat free milk.

## FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Pizza Fresh Fruit	2 Muffins Bananas	3 WG Toast Ham Slice / Juice
		WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
6 Pancakes w/syrup Brk. Patties / Juice	7 Toast / Cereal Fresh Fruit	8 Breakfast Stix w/syrup Fresh Fruit	9 Sausage Biscuits Bananas	10 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Honey Dew Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Cinnamon Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
13 Cheese Toast Cereal / Juice	14 Scrambled Eggs Grits / Fresh Fruit	15 Sausage Biscuit Juice	16 Donuts Banana	17 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Gumbo Steamed Rice Potato Salad Mixed Fruit Cup Cinnamon Bread	Beef-a-Roni Popeye Salad Seasoned Corn Pears WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half
20	21	22	23	24
<b>Mardi Gras Holidays</b>				
27 Cinnamon Toast Cereal / Juice	28 Grits / Toast Canned Fruit	29 Breakfast Pizza Fresh Fruit		
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Grapes WG Rolls	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies		

Meals are subjected to change without notice.  
All meals are served with a choice of low fat or fat free milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WG Toast Ham Slice / Juice	2 Muffins Bananas
			Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls	WG Cheese Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers
5 Pancakes w/syrup Brk. Patties / Juice	6 Toast / Cereal Fresh Fruit	7 Breakfast Stix w/syrup Fresh Fruit	8 Sausage Biscuits Bananas	9 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Strawberries Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Fish Scribbles Creamed Potatoes Glazed Carrots Apple Half WG Rolls
12 Cheese Toast Cereal / Juice	13 Scrambled Eggs Grits / Fresh Fruit	14 Sausage Biscuit Juice	15 Donuts Banana	16 French Toast Sticks w/syrup Fresh Fruit
Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Watermelon WG Rolls Sugar Cookies	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half	Tuna Salad on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers
19 Cinnamon Toast Cereal / Juice	20 Grits / Toast Canned Fruit	21 Breakfast Pizza Fresh Fruit	22 WG Toast Ham Slice / Juice	23 Muffins Bananas
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Grapes WG Rolls	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls	WG Cheese Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers
26 Pancakes w/syrup Brk. Patties / Juice	27 Toast / Cereal Fresh Fruit	28 Breakfast Stix w/syrup Fresh Fruit	29 Sausage Biscuits Bananas	30 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Strawberries Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Fish Scribbles Creamed Potatoes Glazed Carrots Apple Half WG Rolls

Meals are subjected to change without notice.

All meals are served with a choice of low fat or fat free milk.

**WEST BATON ROUGE CHILD NUTRITION PROGRAM**  
**2012**

**APRIL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Toast Cereal / Juice	3 Scrambled Eggs Grits / Fresh Fruit	4 Sausage Biscuit Juice	5 Donuts Banana	6 <b>GOOD FRIDAY</b>
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Beef-a-Roni Popeye Salad Seasoned Corn Watermelon WG Rolls Sugar Cookies	Baked Ham Rice Dressing WG Rolls Sweet Potato Casserole Fruit Salad Broccoli w/ Cheese	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	<b>NO SCHOOL</b>
9 Cinnamon Toast Cereal / Juice	10 Grits / Toast Canned Fruit	11 Breakfast Pizza Fresh Fruit	12 Muffins Bananas	13 WG Toast Ham Slice / Juice
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Meatloaf w/Gravy Creamed Potatoes Green Beans Grapes WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Turkey or Chicken Stew Brown Rice Steamed Broccoli Banana WG Rolls
16 Pancakes w/syrup Brk. Patties / Juice	17 Toast / Cereal Fresh Fruit	18 Breakfast Stix w/syrup Fresh Fruit	19 Sausage Biscuits Bananas	20 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Strawberries Chocolate Chip Cookie	BBQ Baked Chicken Mac-n-Cheese Green Beans Banana WG Rolls	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
23 Cheese Toast Cereal / Juice	24 Scrambled Eggs Grits / Fresh Fruit	25 Sausage Biscuit Juice	26 Donuts Banana	27 <b>SPRING BREAK</b>
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Watermelon WG Rolls Sugar Cookies	Chicken Nuggets Cheesy Potatoes Green Beans Pineapple Tidbits WG Rolls	<b>NO SCHOOL</b>

30

**SPRING  
BREAK**

**NO  
SCHOOL**

Meals are subjected to change without notice.  
All meals are served with a choice of low fat or fat free milk.

# 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Grits / Toast Canned Fruit	2 Breakfast Pizza Fresh Fruit	2 Muffins Bananas	3 WG Toast Ham Slice / Juice
	Meatloaf w/Gravy Creamed Potatoes Green Beans Grapes WG Rolls	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	Manager's Choice
7 Pancakes w/syrup Brk. Patties / Juice	8 Toast / Cereal Fresh Fruit	9 Breakfast Stix w/syrup Fresh Fruit	10 Sausage Biscuits Bananas	11 Scrambled Eggs Grits/ Toast/ Juice
Spaghetti w/ Meat Sauce Seasoned Corn Popeye Salad Canned Fruit Lo-fat Pudding w/ Vanilla Wafers WG Rolls	Hamburger On WG Buns LTP Cup Potato Rounds Strawberries Chocolate Chip Cookie	Manager's Choice	Hot Dogs or Pig in a Blanket Baked Beans Dark Green Salad Orange Half Banana Bread	Meatballs w/gravy Creamed Potatoes Glazed Carrots Apple Half WG Rolls
14 Cheese Toast Cereal / Juice	15 Scrambled Eggs Grits / Fresh Fruit	16 Sausage Biscuit Juice	17 Donuts Banana	18 French Toast Sticks w/syrup Fresh Fruit
Sloppy Joes on WG Buns French Fries Baby Carrots w/dip Sliced Peaches Animal Crackers	Chicken/Sausage Pastalaya or Jambalaya White Beans Mixed Fruit Salad WG Rolls	Beef-a-Roni Popeye Salad Seasoned Corn Watermelon WG Rolls Sugar Cookies	Manager's Choice	Baked Chicken Rice Dressing WG Rolls Steamed Broccoli Dark Green Salad Apple Half
21 Cinnamon Toast Cereal / Juice	22 Grits / Toast Canned Fruit	23 Breakfast Pizza Fresh Fruit	24 Muffins Bananas	
Red Beans w/ Sausage Brown Rice Steamed Cabbage Apple Half Cornbread	Manager' s Choice	WG Pizza Dark Green Salad Seasoned Corn Canned Fruit Graham Crackers	Ham or Turkey w/ Cheese On WG Buns LTP Cup Sliced Peaches Sweet Potato Fries Oatmeal Raisin Cookies	

Meals are subjected to change without notice.

All meals are served with a choice of low fat or fat free milk.