

WEST BATON ROUGE CHILD NUTRITION PROGRAM
BREAKFAST AND LUNCH MENUS
MAY 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Scrambled Eggs Toast / Juice / Milk Grilled Chicken Wrap w/ Lo Fat Ranch Dressing Lettuce / Tomato California Blend Veggies Sliced Peaches Milk
4 Pancake/Syrup/Patties Juice/Milk Popcorn Chicken Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits WW Roll Milk	5 Breakfast Stix w/Syrup Fruit Choice/Milk Hamburger on WW Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo Milk	6 2 oz Cereal / Cheese Stick Juice/Milk Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit WW Roll Milk	7 Biscuit / Jelly Bananas / Milk Spaghetti/Meat Sauce Corn on the Cob Green Salad Lo fat Pudding WW Garlic Bread Milk	8 Scrambled Eggs / Grits Toast / Juice/ Milk Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares Milk
11 Toast w/ PB & J Cereal Juice/Milk Pulled Pork On WW Bun Spicy Wedges or Fries Coleslaw Sliced Peaches Milk	12 Breakfast Stix w/Syrup Fruit Choice Milk White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread Vanilla Wafers Milk	13 Sausage Biscuit Juice/Milk Beef /Cheese Nachos* Refried Beans Lettuce/Tomato Salad Fresh Fruit Graham Crackers / Milk *Option: Beef/Cheese Taco	14 Low fat Yogurt Graham Crackers Fruit / Milk Spicy Oven Baked Chicken *Red Beans w /rice Biscuit Banana Milk * No Sausage in Beans	15 French Toast Sticks Juice/Milk Chicken/Sausage Pastalaya Baked Sweet Potato Frozen Fruit Dessert WW Rolls Milk
18 2 oz. Muffin Juice / Milk Red Beans w/Sausage Steamed Brown Rice Steamed Cabbage Fresh Fruit Cornbread Milk	19 Whole Wheat Waffles Juice / Milk Whole Grain Pizza Carrot/Celery Sticks w/ lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers Milk	20 Cheese Toast Cereal / Juice Milk Turkey or Chicken Stew Steamed Brown Rice Steamed Broccoli Fresh Fruit Wheat Roll Milk	21 Break fast Pizza Banana / Milk *Chili/Cheese Loaded Potato Spinach Salad w/Italian vinaigrette dressing Fruit / Whole Wheat Crackers Oatmeal Cookies Milk *ES Option: Pizza Burger	22 Scrambled Eggs Toast / Juice / Milk Grilled Chicken Wrap w/ Lo Fat Ranch Dressing Lettuce / Tomato California Blend Veggies Sliced Peaches Milk
25 <i>MANAGER'S CHOICE</i>	26 <i>MANAGER'S CHOICE</i>	27 <i>MANAGER'S CHOICE</i>	28 <i>MANAGER'S CHOICE</i>	29

Menus are subject to change without notice.