

## West Baton Rouge Child Nutrition Program Lunch Menu December 2009

All meals served with milk.

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	1 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers	2 Chicken/Sausage Gumbo with Rice Crackers Potato Salad Fruit Cup	3 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only	4 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches
7 Spaghetti/Meat Sauce Corn on the Cob* Green Salad Lo fat Pudding Garlic Bread *Option: Seasoned Corn	8 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco	9 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll	10 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo	11 Chicken Nuggets Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits Wheat Roll
14 **Sloppy Joe On Wheat Bun Spicy French Fries **Coleslaw Sliced Peaches **Option Ham N Cheese on Wheat Bun LTP Cup	15 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip	16 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	17 Christmas Dinner <i>Baked Ham &amp; Rice Dressing Roll / Fruit Salad Sweet Potatoes / Sugar Cookies</i>	18 **Chicken/Sausage Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll  **Option Jambalaya

December 21<sup>st</sup> – December 31<sup>st</sup>  
CHRISTMAS HOLIDAYS  
WINTER BREAK

**Menus are subjected to change without notice.**