

West Baton Rouge Child Nutrition Program Lunch Menu January 2010

All meals served with milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | Winter Break January 1 st |
| 4 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread | 5 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers | 6 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll | 7 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only | 8 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches |
| 11 Spaghetti/Meat Sauce Corn on the Cob* Green Salad Lo fat Pudding Garlic Bread *Option: Seasoned Corn | 12 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares | 13 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll | 14 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo | 15 Taco Soup Cornbread Dark Green Salad Fresh Fruit Graham Crackers |
| 18 Martin Luther King, Jr Holiday | 19 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip | 20 Chicken/Sausage Gumbo with Rice Crackers Potato Salad Fruit Cup | 21 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco | 22 Chicken/Sausage *Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll *Option Jambalaya |
| 25 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread | 26 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers | 27 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll | 28 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only | 29 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches |

Menus are subjected to change without notice.