

West Baton Rouge Child Nutrition Program Lunch Menu November 2009

All meals served with milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	3 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers	4 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	5 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only	6 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches **Option Deli-Style Turkey(C) on Bun
9 Spaghetti/Meat Sauce Corn on the Cob* Green Salad Lo fat Pudding Garlic Bread *Option: Seasoned Corn	10 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	11 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll	12 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo	13 Chicken Nuggets Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits Wheat Roll
16 **Sloppy Joe On Wheat Bun Spicy French Fries **Coleslaw Sliced Peaches **Option Ham N Cheese on Wheat Bun LTP Cup	17 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip	18 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco	19 <i>Thanksgiving Dinner</i> <i>Turkey/Rice Dressing</i> <i>Rolls</i> <i>Fruit Salad</i> <i>Baked Sweet Potatoes</i> <i>Spice Cake</i>	20 **Chicken/Sausage Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll **Option Jambalaya
November 23 rd – November 27 th THANKSGIVING HOLIDAYS				
30 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread				

Menus are subjected to change without notice