

West Baton Rouge Child Nutrition Program Lunch Menu October 2009

All meals served with milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo	2 Chicken Nuggets Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits Wheat Roll
5 **Sloppy Joe On Wheat Bun Spicy French Fries **Coleslaw Sliced Peaches **Option Ham N Cheese on Wheat Bun LTP Cup	6 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip	7 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco	8 Spicy Oven Baked Chicken *Red Beans w /rice Biscuit Banana * No Sausage in Beans	9 **Chicken/Sausage Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll **Option Jambalaya
13 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	14 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers	15 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	16 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only	17 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches **Option Deli-Style Turkey(C) on Bun
19 Spaghetti/Meat Sauce Corn on the Cob* Green Salad Lo fat Pudding Garlic Bread *Option: Seasoned Corn	20 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	21 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll	23 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo	24 Chicken Nuggets Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits Wheat Roll
26 **Sloppy Joe On Wheat Bun Spicy French Fries **Coleslaw Sliced Peaches **Option Ham N Cheese on Wheat Bun LTP Cup	27 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip	28 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco	29 Spicy Oven Baked Chicken *Red Beans w /rice Biscuit Banana * No Sausage in Beans	30 **Chicken/Sausage Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll **Option Jambalaya

Menus are subjected to change without notice.