

## West Baton Rouge Child Nutrition Program Lunch Menu September 2009

All meals served with milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers	2 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	3 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only	4 **Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches **Option Deli-Style Turkey(C) on Bun
7 <b>Labor Day Off</b>	8 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	9 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll	10 Hamburger on Wheat Bun Lettuce/Tomato/Pickle Potato Rounds Fresh Orange Half Catsup/Mustard/Mayo	11 Chicken Nuggets Macaroni N Cheese Seasoned Green Beans Pineapple Tidbits Wheat Roll
14 **Sloppy Joe On Wheat Bun Spicy French Fries **Coleslaw Sliced Peaches **Option Ham N Cheese on Wheat Bun LTP Cup	15 White Beans w/Ham Steamed Rice Seasoned Greens* Fresh Fruit Corn Bread *Option: Mustard or Turnip	16 Beef /Cheese Nachos* Salsa Lettuce/Tomato Salad Fresh Fruit Cinnamon Bread *Option: Beef/Cheese Taco	17 Spicy Oven Baked Chicken *Red Beans w /rice Biscuit Banana * No Sausage in Beans	18 **Chicken/Sausage Pastalaya Baked Sweet Potato Mixed Fruit Salad Wheat Roll  **Option Jambalaya
21 Red Beans w/Sausage Steamed Rice Steamed Cabbage Fresh Fruit Cornbread	22 Whole Grain Pizza Carrot/Celery Sticks w/ Lo Fat Dressing Seasoned Corn Jell-O / Graham Crackers	23 Turkey or Chicken Stew Steamed Rice Steamed Broccoli Fresh Fruit Wheat Roll	24 *Chili/Cheese Loaded Potato Dark Green Salad / Fruit Wheat Roll / Oatmeal Raisin Cookie *Chili Cheese Mac— Elementary Only	25 Grilled Chicken on Wheat Bun Lettuce / Tomato Cup French Fries Sliced Peaches **Option Deli-Style Turkey(C) on Bun
28 Spaghetti/Meat Sauce Corn on the Cob* Green Salad Lo fat Pudding Garlic Bread *Option: Seasoned Corn	29 Hot Dogs Baked Beans Fresh Fruit Banana Bread Squares	30 Baked Chicken Creamed Potatoes Seasoned Black-eyed Peas Fresh Fruit Wheat Roll		

**Menus are subjected to change without notice.**