

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		7 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	8 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	9 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
12 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	13 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	14 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	15 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	16 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
19 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	20 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	21 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	22 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	23 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
26 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	27 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	28 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	29 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	30 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice

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September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p style="text-align: center;">Labor Day</p>	<p>3</p> <p>Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>4</p> <p>Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>5</p> <p>Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts</p> <p>½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>6</p> <p>Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>9</p> <p>Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>10</p> <p>Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>11</p> <p>Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>12</p> <p>Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>13</p> <p>Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>16</p> <p>Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>17</p> <p>Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>18</p> <p>Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>19</p> <p>Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts</p> <p>½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>20</p> <p>Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>23</p> <p>Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>24</p> <p>Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>25</p> <p>Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>26</p> <p>Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>27</p> <p>Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>30</p> <p>Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>				

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October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	2 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	3 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	4 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
7 Fall Break	8 Fall Break – No Students	9 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	10 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	11 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
14 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	15 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	16 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	17 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	18 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
21 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	22 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	23 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	24 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	25 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
28 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	29 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	30 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	31 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	

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November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
4 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	5 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	6 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	7 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	8 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
11 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	12 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	13 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	14 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	15 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
18 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	19 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	20 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	21 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	22 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice

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December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>3 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>4 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>5 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>6 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>9 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>10 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>11 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>12 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>13 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>16 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>17 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>18 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>19 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>20 Winter Break</p>

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January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>Winter Break – No Students</p> <p>Teachers and Managers return to work.</p>	<p>7</p> <p>Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>8</p> <p>Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>9</p> <p>Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>10</p> <p>Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>13</p> <p>Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>14</p> <p>Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>15</p> <p>Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>16</p> <p>Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts</p> <p>½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>17</p> <p>Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>20</p> <p>Martin Luther King, Jr. Holiday</p>	<p>21</p> <p>Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>22</p> <p>Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>23</p> <p>Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>24</p> <p>Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>27</p> <p>Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>28</p> <p>Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>29</p> <p>Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>30</p> <p>Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts</p> <p>½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>31</p> <p>Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>

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February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>4 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>5 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>6 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>7 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>10 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>11 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>12 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>13 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>14 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<p>17 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>18 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>19 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>20 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>21 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>
<h1>MARDI GRAS</h1>		<p>26 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>27 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>	<p>28 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice</p>

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March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	3 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	4 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	5 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	6 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
9 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	10 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	11 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	12 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	13 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
16 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	17 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	18 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	19 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	20 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
23 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	24 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	25 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	26 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	27 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
30 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	31 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice			

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April 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	2 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	3 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
6 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	7 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	8 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	9 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	<p>Good Friday</p>
<p>Spring Break</p>				
20 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	21 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	22 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	23 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	24 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
27 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	28 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	29 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	30 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	

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May 2020

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
4 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	5 Breakfast Pizza ½ c Fruit Choice ½ c Juice Choice Milk Choice	6 Mini Waffles or Pancakes ½ c Fruit Choice ½ c Juice Choice Milk Choice	7 Grits Scrambled Eggs ½ c Fruit Choice ½ c Juice Choice Milk Choice	8 Biscuits Breaded Breakfast Chicken Patty ½ c Fruit Choice ½ c Juice Choice Milk Choice
11 Cinnamon Rolls Go Big Yogurt pack ½ c Fruit Choice ½ c Juice Choice Milk Choice	12 Scrambled Eggs WG Toast ½ c Fruit Choice ½ c Juice Choice Milk Choice	13 Biscuits Breakfast Sausage ½ c Fruit Choice ½ c Juice Choice Milk Choice	14 Optional Choices – - Cereal Bowl - Breakfast Bar - Pop Tarts ½ c Fruit Choice ½ c Juice Choice Milk Choice	15 Breakfast Sticks ½ c Fruit Choice ½ c Juice Choice Milk Choice
18 Muffin Choice or Breakfast Bars ½ c Fruit Choice ½ c Juice Choice Milk Choice	19 Manager's Choice	20 Manager's Choice	21 Manager's Choice	

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