

School Year 2022 – 2023 Monthly Lunch Menus
August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
8 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Mixed Fruit or Fresh Fruit Milk Choice	9 Down Home Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Orange or Canned Milk Choice	10 Hot Dog w/ Chili Baked Beans Baked Potato Tots Peaches or Applesauce Carnival Cookie or Sugar Cookie Condiments Milk Choice	11 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	12 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup Milk Choice
15 Sloppy Joe on Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	16 Stew over Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Apple or Canned Pear School made Rolls Milk Choice	17 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit Mix or Fresh Pears Milk Choice	18 Red Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	19 Pizza Slice Steamed Corn Popeye Salad Canned Fruit or Melon Cup Marinara Sauce Milk Choice
22 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	23 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	24 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	25 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School-made Roll Marinara Sauce Milk Choice	26 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup Chips IW Condiments Milk Choice
29 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Mixed Fruit or Fresh Fruit Milk Choice	30 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	31 Pig in Blankets Baked Beans Baked Potato Tots Peaches or Applesauce Carnival or Sugar Cookie Condiments Milk Choice		

All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.

School Year 2022 – 2023 Monthly Lunch Menus
September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.</p>			<p>1 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice</p>	<p>2 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned fruit Milk Choice</p>
<p>5 Labor Day - Holiday</p>	<p>6 Sloppy Joe on Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice</p>	<p>7 Stew over Rice Seasoned Green Beans Oven Roasted Sweet Potatoes Fresh Oranges or Canned Pears School made Rolls Milk Choice</p>	<p>8 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice</p>	<p>9 White Beans w Sausage Steamed Rice Seasoned Greens Steamed Mixed Veggies Chilled Pears or Orange Wedges Golden Cornbread Milk Choice</p>
<p>12 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice</p>	<p>13 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice</p>	<p>14 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice</p>	<p>15 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School-made Roll Marinara Sauce Milk Choice</p>	<p>16 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice</p>
<p>19 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Mixed Fruit or Fresh Fruit Milk Choice</p>	<p>20 Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice</p>	<p>21 Hot Dog w/ Chili Baked Beans Baked Potato Tots Peaches or Apples Carnival or Sugar Cookie Condiments Milk Choice</p>	<p>22 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice</p>	<p>23 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned fruit cup Milk Choice</p>
<p>26 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie Milk Choice</p>	<p>27 Stew over Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Oranges or Canned Pears School made Rolls Milk Choice</p>	<p>28 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples</p>	<p>29 Red Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice</p>	<p>30 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice</p>

School Year 2022 – 2023 Monthly Lunch Menus

October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	4 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie Milk Choice	5 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	6 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School-made Roll Marinara Sauce	7 Hot Ham & Cheese on Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
10 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	11 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	12 Pig in Blankets Baked Beans Baked Potato Tots Mixed Fruit or Applesauce Carnival Cookie or Sugar Cookie Condiments Milk Choice	13 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	14 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned fruit Milk Choice
17 Fall Break – Holiday	18 No Students – Inservice: all employees work	19 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	20 White Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	21 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
24 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	25 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	26 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	27 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School-made Roll Marinara Sauce Milk Choice	28 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
31 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.			

School Year 2022 – 2023 Monthly Lunch Menus
November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	2 Hot Dog w/ Chili Baked Beans Baked Potato Tots Mixed Fruit or Apples Carnival or Sugar Cookie Condiments Milk Choice	3 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	4 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned fruit cup Milk Choice
7 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	8 *Election day - Holiday	9 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	10 Red Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Milk Choice	11 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
14 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	15 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	16 Baked Turkey Rice Dressing Seasoned Broccoli Sweet Potato Casserole Mixed Fruit Cup School-made Roll Milk Choice	17 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	18 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
Thanksgiving Holiday November 21 – 25				
28 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	29 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	30 Pig in Blankets Baked Beans Baked Potato Tots Mixed Fruit or Applesauce Carnival Cookie or Sugar Cookie Condiments Milk Choice	All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.	

School Year 2022 – 2023 Monthly Lunch Menus
December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	2 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned Fruit Milk Choice
5 Sloppy Joe on Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	6 Gumbo Steamed Rice Seasoned Green Beans Potato Salad Fresh Oranges or Canned Pears WG Saltine Crackers Milk Choice	7 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	8 White Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	9 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
12 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	13 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	14 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	15 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	16 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
Winter/Christmas Break December 19 – 30				

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School Year 2022 – 2023 Monthly Lunch Menus

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Winter Break	3 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	4 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	5 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice	6 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice
9 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	10 Down Home Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	11 Hot Dog w/ Chili Baked Beans Baked Potato Tots Peaches or Apples Carnival or Sugar Cookie Condiments Milk Choice	12 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	13 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned Fruit Milk Choice
16 Martin Luther King, Jr Holiday	17 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	18 Gumbo Steamed Rice Seasoned Green Beans Potato Salad Fresh Oranges or Canned Pears WG Saltine Crackers Milk Choice	19 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	20 Red Beans w/Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice
23 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	24 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	25 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	26 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	27 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
30 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	31 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.		

School Year 2022 – 2023 Monthly Lunch Menus

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pig in Blankets Baked Beans Baked Potato Tots Mixed Fruit or Applesauce Carnival or Sugar Cookie Condiments Milk Choice	2 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	3 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned Fruit Milk Choice
6 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	7 Gumbo Steamed Rice Seasoned Green Beans Potato Salad Fresh Oranges or Canned Pears WG Saltine Crackers Milk Choice	8 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	9 White Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	10 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
13 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	14 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie Condiments Milk Choice	15 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	16 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	17 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice
20 Lundi Gras Holiday	21 Mardi Gras Holiday	22 Cheezy Baked Potato Savory Green Beans Mixed Fruit or Apples School-Made Roll Condiments Milk Choice	23 Chicken Nuggets Mac N Cheese Baked Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	24 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
27 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	28 Stew over Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Oranges or Canned Pears School made Rolls Milk Choice	All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.		

School Year 2022 – 2023 Monthly Lunch Menus

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
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6 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	7 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments	8 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	9 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce	10 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
13 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit	14 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	15 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned Fruit	16 Chicken Nuggets Mac N Cheese Baked Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce	17 Cheezy Baked Potato Savory Green Beans Mixed Fruit or Applesauce School-Made Roll Condiments Milk Choice
20 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments	21 Stew Steamed Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Oranges or Canned Pears School made Rolls Milk Choice	22 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	23 White Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	24 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
27 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	28 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	29 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	30 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	31 Grilled Cheese Seasoned French Fries Garden Salad Strawberry Cup or Fresh Fruit IW Condiments Milk Choice

School Year 2022 – 2023 Monthly Lunch Menus

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Mixed Fruit or Fresh Fruit Milk Choice	4 Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	5 Hot Dog w/ Chili Baked Beans Baked Potato Tots Peaches or Apples Carnival Cookie or Sugar Cookie Condiments Milk Choice	6 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	7 Good Friday Holiday
Spring Break April 7 – 14				
17 Sloppy Joe on Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	18 Stew over Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Oranges or Canned Pears School made Rolls Milk Choice	19 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	20 Red Beans w/Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	21 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
24 Jambalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	25 Hamburger on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	25 Baked Chicken Seasoned Rice Seasoned Broccoli Oven Roasted Sweet Potatoes Melon Cup or canned fruit cup School-made Roll Milk Choice	26 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	27 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice

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School Year 2022 – 2023 Monthly Lunch Menus
May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Alfredo Seasoned Carrots Caesar Salad School made Rolls Chilled Mixed Fruit or Fresh Fruit Milk Choice	2 Meatloaf w/ Gravy Creamed Potatoes Seasoned Garlic Broccoli School made Rolls Fresh Fruit or Canned Peaches Milk Choice	3 Pig in Blankets Baked Beans Baked Potato Tots Mixed Fruit or Applesauce Carnival Cookie or Sugar Cookie Condiments Milk Choice	4 Chicken Nuggets Mac N Cheese Savory Green Beans Garden Salad Juice Rush or Fresh Fruit Dipping Sauce Milk Choice	5 Spaghetti with Meat Sauce Seasoned Corn Popeye Salad Garlic Breadstick Marinara Sauce Melon Cup or canned Fruit Milk Choice
8 Sloppy Joe on School made Bun Baked French Fries Garden Salad Fresh Orange Wedges or Strawberries Oatmeal Raisin Cookie IW Condiments Milk Choice	9 Stew over Rice Seasoned Green Beans Steamed Mixed Veggies Fresh Oranges or Canned Pears School made Rolls Milk Choice	10 Crispy Nachos OR 2 - Soft Tacos Cheese Cup, Taco Garnish Salsa Cup Pinto Beans WG Spanish Rice Chilled Fruit or Fresh Apples Milk Choice	11 White Beans w Sausage Steamed Rice Seasoned Greens Oven Roasted Sweet Potatoes Chilled Pears or Orange Wedges Golden Cornbread Milk Choice	12 Pizza Slice Steamed Corn Popeye Salad Fresh Fruit or Melon Cup Marinara Sauce Milk Choice
15 Pastalaya White Beans Mixed Green Salad Fresh Apple or Peaches School made Rolls Milk Choice	16 Chicken Patty on HB Bun Hamburger Garnish Seasoned Wedges Fresh Orange Wedges or Strawberries Chocolate Chip Cookie IW Condiments Milk Choice	17 Hot Ham & Cheese on Hamburger Bun Seasoned French Fries Sandwich Garnish Strawberry Cup or Fresh Fruit Chips IW Condiments Milk Choice	18 Chili Mac Steamed Green Beans Popeye Salad Fresh Orange Wedges or Canned Pears School made Rolls Marinara Sauce Milk Choice	19 Manager Choice
22 Manager Choice	All menus are subject to change due to food shortages. Many foods that are regularly purchased are not available at this time and substitute items may be served in place of unavailable items. Your patience and understanding is appreciated. Check your student's school website or with cafeteria manager weekly to receive update menus. This institution is an equal opportunity provider.			