

# OCTOBER 2021

West Baton Rouge Parish Schools



Monday

Tuesday

Wednesday

Thursday

Friday

1  
Soft Tacos  
Spanish Rice  
Taco Garnish  
Salsa Cup  
Seasoned Pinto Beans  
Fresh Apple

4  
Hamburger Patty  
WG Hamburger Bun  
French Fries  
Shredded Lettuce & Tomato  
Canned Mixed Fruit or  
Fresh Pears  
Condiments

5  
Smother Chicken Thigh  
over Steamed Rice  
Savory Green Beans  
Baked Sweet Potato  
WG Roll  
Juice Rush or Fresh Orange

6  
Ham N Cheese  
WG Hamburger Bun  
Seasoned Tots  
Shredded Lettuce & Tomato  
Melon Cup or Canned Pears  
Condiments  
Cookie

7  
Jambalaya  
White Beans  
Green Salad  
Fresh Banana or  
Whole Apple  
Cornbread

8  
Spaghetti w/Meat sauce  
with Marinara  
Popeye Salad  
Seasoned Corn  
WG Breadstick  
Canned Fruit Mix or  
Fresh Pears

11  
Fall Break  
No School

12  
Fall Break  
No School for Students

13  
Red Beans w/  
Smoked Sausage over Rice  
Mustard Greens  
Baked Sweet Potato  
Cornbread  
Canned Mixed Fruit or  
Whole Apples

14  
Pizza Slice  
Seasoned Corn  
Popeye Salad  
Marinara Sauce  
Fresh Banana or  
Melon Cup

15  
Baked Chicken  
Seasoned Rice  
Steamed Broccoli  
Mixed Veggies  
WG Roll  
Fresh Oranges or  
Canned Pears

18  
Chicken Alfredo  
Steamed Broccoli  
Garden Salad  
WG Roll  
Melon Cup or  
Fresh Strawberries

19  
Corn dog  
Seasoned Wedges  
Vegetable Juice  
Canned Peaches  
Whole Apples  
IW Condiments  
Cookie

20  
Chicken Nuggets,  
Creamed Potatoes  
Savory Green Beans  
WG Roll  
Fresh Banana or Strawberries  
Condiments

21  
Salisbury Steak w/ gravy  
Steamed Rice  
Seasoned Carrots  
Garden Salad  
WG Roll  
Melon Cup

22  
Soft Tacos  
Spanish Rice  
Taco Garnish  
Salsa Cup  
Seasoned Pinto Beans  
Fresh Apple

25  
Sloppy Joe  
WG Hamburger Bun  
French Fries  
Lettuce & Tomato Salad  
Canned Mixed Fruit  
Fresh Pears  
Condiments

26  
Smother Chicken Thigh  
over Steamed Rice  
Savory Green Beans  
Baked Sweet Potato  
WG Roll  
Juice Rush or Fresh Orange

27  
Spaghetti w/Meat sauce  
with Marinara  
Popeye Salad  
Seasoned Corn  
WG Breadstick  
Canned Fruit Mix or  
Fresh Pears

28  
Jambalaya  
White Beans  
Green Salad  
Fresh Banana or  
Whole Apple  
Cornbread

29  
Ham N Cheese  
WG Hamburger Bun  
Seasoned Tots  
Shredded Lettuce & Tomato  
Melon Cup or Canned Pears  
Condiments  
Spooky Ice Cream Cup

Milk is provided with all meals. Meals are subject to change due to availability.  
This institution is an equal opportunity provider.

